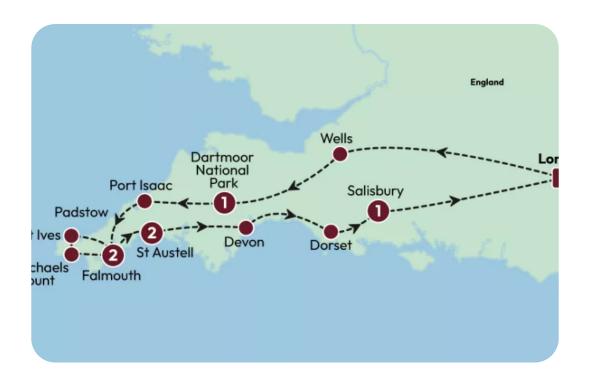


Corners of Cornwall 2025

A land where sapphire sky meets turquoise sea, Cornwall is a true treasure. With its windswept moors that graze the horizon and winding country lanes that open up to postcard-perfect fishing villages, England's South West is waiting for you to carve your own story. Soak up the views of pristine golden bays, bustling harbours and wild coastlines as you go – all best enjoyed with a traditional Cornish pasty in hand, of course!





About your tour notes

These tour notes contain everything you need to know before your tour departs – from where to meet your fellow guests and local guide to what essentials to pack for your journey. We recommend you print this document out and bring it with you on your tour. Give a copy to loved ones at home so they can follow your adventure, too.

Important: please refresh this document as close to your departure as possible to ensure you're equipped with the latest information available.

Wellington by Blue Orchid @ 18:00

71 Vincent Square, London, SW1P 2PA

Wellington by Blue Orchid @ 13:00

71 Vincent Square, London, SW1P 2PA





Tour highlights

- Step back in time at the medieval castle of the enchanting St Michael's Mount
- Fall in love with the charm and buzz of historic port towns Padstow and Port Isaac
- Admire the dramatic cliffs and wild shorelines of the jaw-dropping
 Jurassic Coast
- Pause at the hushed cloisters of Salisbury Cathedral, a magnificent feat of Gothic architecture

More inclusions

- 7 breakfasts, 4 dinners
- 7 nights in thoughtfully selected accommodation
- Luxury minicoach

England - GBP



Included meals

Breakfast (B) is included daily.

Some of your lunches and dinners are also included, either in hotels or local restaurants. These are indicated by (L) and (D) in the itinerary.

Please note that drinks will not always be included.

We will do our best to accommodate any specific dietary requirements you may have. Please ensure to make these clear to us before your tour begins so we can communicate them to our hotels, restaurants and suppliers.



Your itinerary

Day 1 | London

You'll be hard-pressed to find a city as vibrant as London. Before getting to know our small group over a welcome dinner this evening, why not spend a day (or three) admiring England's capital? You could uncover the East's buzzing art scene with its plethora of intimate pop-up galleries and vibrant street art. Or, perhaps the West's renowned shopping districts are calling for a dose of retail therapy at its quirky boutiques and sparkling department stores. And that's not forgetting the city's foodie havens and glittering landmarks, of course. The list goes on! Here's to the start of an incredible week!

Included today

Accommodation
Wellington by Blue
Orchid (or similar)

Meals
Dinner



Day 2 | Dartmoor National Park

Wave goodbye to towering skyscrapers and sparkling city lights, England's West Country awaits. Settle into the miniocach as we journey to Wells, which welcomes us with open arms. Often referred to as England's smallest city, our in-the-know Tour Leader will help us discover its treasures, including the oldest medieval street in Europe and the stately bishop's residence. The jewel in the crown? The magnificent Wells Cathedral. Step inside this Gothic masterpiece and be awestruck at the nave's soaring, vaulted arches. Seek out the intricate astronomical clock and listen for its chiming bell that signals the appearance of miniature jousting knights (yes, really!). And bathe in the peaceful, dappled light of the Jesse Window – a multicoloured stained glass marvel.

To close today's chapter, we'll journey from Somerset's postcard-perfect lanes to Dartmoor National Park's heather moorland and gorse-clad tors – a landscape that has inspired writers including Sir Arthur Conan Doyle and Agatha Christie. You may also recognise Dartmoor as the setting for several scenes in Steven Spielberg's War Horse! These sweeping vistas have seen centuries of human activity, from the Bronze Age to the Iron Age and beyond. And as we weave through the undulating open country, keep an eye out for the roaming, semi-wild ponies. They've called this place home for over four millennia!

This afternoon, step back in time as you settle into our accommodation – an 18th-century coaching inn-turned-hotel that's just bursting with character. Bask in the glow of its open fireplace with a pint of locally brewed Jail Ale before we gather for dinner with the group, sharing our excitement for the days ahead.

Included today

Accommodation

Two Bridges Hotel (or similar)

Meals

Breakfast

Dinner



Day 3 | Falmouth

Where turquoise waters swell against jagged cliffs, surfers glide like dancers on powerful waves and the masts of sailboats ring like wind chimes in the sea breeze – it's got to be North Cornwall.

We'll get our first taste for Cornish life in Port Isaac, the idyllic fishing village whose whitewashed cottages and winding streets served as the setting for the *Doc Martin* TV series. As you meander past the slate-fronted houses, melodies of traditional sea shanties drift through the air – did you know the local Fisherman's Friends folk music group call this place home? Time to warm up those vocal cords... With free time for lunch, you could tuck into a fresh crab sandwich (or two): a true Cornish classic packed with fresh crab meat, crisp lettuce and smooth mayonnaise. Count us in!

Then, we'll travel on to Padstow, a picturesque port town that's overflowing with bustling cafés, independent shops and sweeping estuary views – not to mention its charming centuries-old harbour. A haven for seafood lovers, celebrity chef Rick Stein has left his mark on the town with his renowned restaurant. Why not spend some time enjoying a traditional cream tea? And let the hubbub of harbourside life unfold before you. (Just remember, the Cornish way to enjoy a freshly baked scone is with jam first, then clotted cream!).

To round off our day, we'll journey to the lively seaside town of Falmouth, our base in South Cornwall for the next two nights. Whether it's treating yourself to a swim and a pamper in our carefully selected hotel or taking a short stroll into town where you'll find ample options for a delicious dinner, the evening is yours for the taking.

Included today

Accommodation

Merchants Manor

Hotel (or similar)

Meals
Breakfast



Day 4 | Falmouth

Soak up our hotel's hundred-year-old history over a hearty breakfast and fuel up for the day ahead – St Michael's Mount is calling. A tidal island just off the coast of Penzance, its cobbled causeway emerges at low tide, offering an iconic stroll across from the mainland. From the lookouts of its medieval castle, panoramic views of Mount's Bay greet you – take a moment to fill your lungs with the bracing sea air as the glistening water ripples like oil on canvas.

We'll be setting our sights on West Cornwall and St Ives next, a true gem of the Cornish coast that's hugged by pristine golden beaches and turquoise water. Meander through the cluster of cobblestone streets, drop in at the Tate art gallery or order a well-earned pint of fruity, Cornish ale at the Sloop Inn pub, one of the oldest in Britain (dating back to 1312, no less). All this exploring is thirsty work after all! Feeling peckish? Well, there's a Cornish pasty with your name on it. Seek out one of these half-moon-shaped pastries, traditionally filled with beef and vegetables, and you'll have had a true taste of Cornish culinary heritage.

After saying goodbye to St Ives, it's back on our luxury minicoach to Falmouth. We're treated to a meal at our hotel this evening – a chance to share stories from the day (and favourite pasty flavours) with the group.

Included today

Accommodation

Merchants Manor Hotel (or similar)

Meals

Breakfast

Dinner



Day 5 | St Austell Bay

There's a real treat in store for the green-fingered: we're off to explore Tregothnan Estate, one of Cornwall's largest estates and home to the first tea plantation in Britain. A member of the gardening team will give us a private tour of the grounds and the plantation, where we'll learn all about the only tea grown in England – from the first tea bushes planted in 1999 to the unique conditions needed to cultivate perfect leaves. After sampling, and filling our bags with, some of this uniquely British produce (for a taste of Cornwall back home, of course), we'll tear ourselves away from the serene riverside setting and journey on to the St Austell Bay area.

Our home for the next two nights is nothing short of picture-perfect. Our thoughtfully-chosen hotel is perched on the cliffside, offering mesmerising views of the Cornish coastline that we've come to know and love. Dinner is yours for the taking this evening, and you'll be spoilt for choice at our hotel's award-winning restaurant.

Included today

Accommodation
Carlyon Bay Hotel
(or similar)

Meals

Breakfast

Day 6 | St Austell Bay

Today, you're free to write your own chapter in this captivating corner of Cornwall. If you fancy a walk, you could wander down to UNESCO World Heritage-listed Charleston harbour, where handmade dairy ice creams and classic filming locations await (Poldark, anyone?). Or perhaps you could spend some time connecting with nature at the world-famous Eden Project. Often hailed as the 'eighth wonder of the world', its two tropical biomes are teeming with an abundance of lush plants and towering trees around every turn, and even the odd lizard or two...

As another option, why not simply indulge in the comforts of our luxurious hotel? Whether it's relaxing by the pool, pampering yourself at the spa, playing a round of golf or just drinking in the fresh, sea air as you weave your way through the 250 acres of private grounds, our accommodation is a true haven for rest and relaxation.

This evening, as night casts its spell over the bay, raise a glass to another brilliant day. Watch the sun dip below the horizon, transforming the sea from azure blue to molten silver.

Included today

Accommodation
Carlyon Bay Hotel
(or similar)



Breakfast



Day 7 | Salisbury

The striking red cliffs of the Jurassic Coast are calling! But not before we pay a visit to Buckfast Abbey, a working Benedictine monastery, where you can take a moment to pause under the vaulted arches of its impressive church.

Then, it's time to follow in the footsteps of Mary Anning in Lyme Regis, the pioneering palaeontologist who called this quaint coastal town home. As you etch your way along the beach, be on the lookout for fossils from around 200 million years ago (yes, really!) that are often revealed by the crumbling cliffs or washed up on the shoreline. From ammonites to belemnites, these marine relics offer a glimpse into Earth's prehistoric past.

Our final dinner is waiting for us in Salisbury. Swap contact details and photos with the group, and give a hearty 'cheers' to the memories made.

Included today





Day 8 | London

Listen to the patter of footsteps in hushed cloisters, gaze up at the tallest spire in Britain and cast your eyes over the legendary Magna Carta – Salisbury Cathedral beckons! Spot the pointed arches, flying buttresses and intricate stonework that solidify the cathedral as an early Gothic architectural feat before we travel back to London to say our goodbyes. While we may be bidding farewell to our Cornish adventure, the region's magic is sure to leave an indelible mark.

Included today



Meals

Breakfast



Travel advice

Finances

Changing money

Cash: Foreign money can be changed at banks, airports, some railway and tube stations, and at major hotels (though at a less favourable rate).

Credit cards: Visa and MasterCard are widely accepted. American Express is only accepted in some larger establishments.

Cash machines: ATMS are widely available.

Tipping

Tipping is entirely at your discretion. If you feel you have received exceptional service, it is recommended that you tip £1-2/€ per day for Drivers and £4-5/€ per day for Tour Leaders.

Insurance

Before travelling with Back-Roads Touring, it is compulsory for all guests to take out comprehensive travel insurance. Please ensure your insurance covers medical expenses (including repatriation), cancellation cover, loss or damage to baggage and personal effects, money and personal liability.

We recommend you carry your insurance details with you at all times. You may be asked to provide details of your medical insurance or a payment guarantee in some countries before medical assistance can be provided.

For more information, please see our <u>FAQ page</u>.

If you have any further questions, please don't hesitate to contact our friendly Customer Service team here.

Passports and visas

Please ensure your passport is valid for at least six months after the last day of your tour. Some countries will refuse entry if you do not have at least six months validity remaining on your passport after your departure date. Depending on your nationality, you may require a visa to enter certain



countries.

It is your responsibility to obtain visas prior to your tour's departure. To determine which visas you'll need, you can consult either your own government's website or the government websites of the countries in which you will be travelling.

Please note: Some visas can take up to six weeks to acquire, so don't leave it until the last minute. Also, bear in mind that the validity of a visa often runs from its date of issue rather than the date of entry into the country. Please check with the appropriate embassy/embassies prior to departure as requirements do change periodically.

We advise you to either carry a photocopy of your passport (and visa, if applicable) with you while abroad, or to ensure that you leave a copy with relatives back at home. This will enable the local embassy or high commission to arrange a replacement if the original should be lost or stolen. If you do take copies with you on your tour, please ensure that you keep these separate from your original documents.

Medication and mobility

Whilst on your tour, we want you to have the smoothest journey possible which requires x mobility conditions:

- You must be fit enough to get on and off the vehicle on a regular basis, and to walk around towns and villages or to attractions.
- You must be able to walk up and down stairs and use a shower over the bath.

Please note that, unfortunately, we are unable to accommodate mobility scooter or wheelchair users as we frequently stay in traditional-style hotels and the majority do not have lifts or ground-floor rooms.

If you take medicine for certain conditions, such as diabetes or heart problems, please carry it with you at all times.

Please declare any medical conditions you may have in advance of your tour. If you are in any doubt as to whether our tours are suitable for you, please contact our friendly Customer Service team here.



Mental health and wellbeing

Culture shock, homesickness and periods of feeling down happen regardless of age. Be rest assured that if you're feeling low, your Tour Leader and Driver will do their utmost to make you smile.

Measures you can take to look after your mental health and wellbeing while on the road with us are:

- Call loved ones. Hearing a familiar voice whilst in an unfamiliar destination can help ground you and remind you you're not alone.
- Eat well. Nobody feels their best when they're hungry. There are plenty of nutritious culinary delights to be savoured along the road!
- Integrate with your fellow guests. The more you socialise with the group, the less likely you'll feel homesick.

Transport

We travel in premium mini-coaches equipped with comfortable seats, air conditioning and large windows for enjoying the view.

With far more flexibility than a standard-size coach, we're able to take the scenic route – winding through beautiful countryside to the heart of tiny villages and coastal towns.

Will I have regular access to Wi-Fi?

Most accommodation we stay in will offer free Wi-Fi as well as many restaurants and cafes you may visit. If you would like more regular internet access without large roaming fees, you can purchase a Back-Roads Touring eSIM <u>here</u>.



What to Pack

Based on our experience, the following items are essential.

Please note, this is a general packing list for Back-Roads Touring tours. What you pack will depend on the countries you're visiting as well as the time of year you plan to travel.

Clothing

- Sun hat
- Sunglasses
- Sleepwear
- Warm jacket
- Underwear

- Long-sleeved tops
- Short-sleeved tops
- Shorts/skirts
- Socks
- Smart casual evening wear
- Light jacket
- Waterproof jacket
- Trousers
- Swimwear
- Walking/comfortable shoes

Other essentials

- Sun hat
- Sunglasses
- Sleepwear
- Warm jacket
- Long-sleeved tops
- Short-sleeved tops
- Shorts/skirts
- Socks

- Light jacket
- Waterproof jacket
- Trousers



How much luggage can I bring

As we travel in mini-coaches, luggage space is limited. Here's what you can take with you on tour:



If you have more luggage, please make arrangements to store it prior to joining the tour. **We are unable to carry extra luggage on the mini-coach.**



FAQs

What's the weather like?

The weather in England is famously unpredictable! Generally, summer can be warm and sunny but rain and cloudy skies are still possible. Autumns are cool, wet and windy. We suggest packing for changeable weather – layers, an umbrella and a trusty raincoat will be essential.

Which type of hotels will we stay in?

Our thoughtfully selected accommodation is full of charm and historic details – expect elegant country inns, grand town centre hotels and even the odd castle! For this reason, rooms vary in size, and most hotels don't have lifts – meaning you'll likely need to access your room via stairs. Porterage will be included wherever possible.

Although air conditioning is mostly unavailable in historic buildings, fans will be provided during hot spells. Most hotels have bathtubs with overhead showers (rather than walk-in showers), so you'll be able to enjoy a soak at the end of the day. It's common for kettles to be included in rooms in England, ready for you to make a refreshing cup of English tea!

How much walking can I expect to do?

While we do cover ground in our minicoach to maximise our time, some of the best discoveries are made on foot! As a result, we ask that you are comfortable with walking small hills in order to make the most of our journey through Cornwall together.

That's everything!

We can't wait to welcome you on tour.