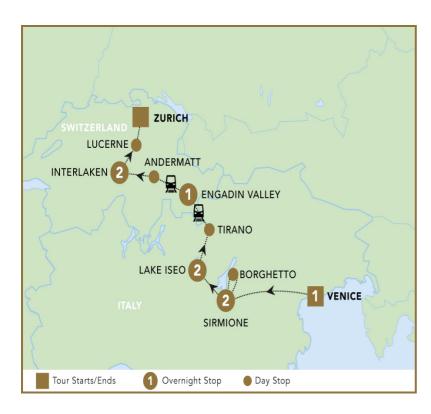


# Back-Roads | Europe (BRT)

From the grand elegance of Venice to the soul-stirring alpine villages of Switzerland – join us on a memory-making adventure that takes in time-honoured traditions, fascinating local culture and breathtaking railway journeys through some of the world's most enchanting scenery.





# Thank you for choosing Back-Roads

Your extraordinary adventure awaits!

## About your tour notes

These tour notes contain everything you need to know before your tour departs – from where to meet your fellow guests and local guide to what essentials to pack for your journey.

We recommend you print this document out and bring it with you on your tour. Give a copy to loved ones at home so they can follow your adventure, too.

IMPORTANT: please refresh this document as close to your departure as possible to ensure you're equipped with the latest information available.

#### THE BACK-ROADS DIFFERENCE

- Learn the traditions of authentic
   Italian cuisine with a cooking class in
   the Franciacorta region
- Experience scenic train journeys on two of the great alpine railways: the Bernina Express and the Glacier Express
- Observe a traditional mask-decorating demonstration in the magnificent floating city of Venice

#### **TOUR CURRENCIES**

- Italy EUR
- Switzerland CHF

# Your itinerary

### DAY 1 | VENICE (ITALY)

Welcome to Venice – the magnificent floating city boasting unparalleled elegance, grandeur and romance. Meet your travel companions and Tour Leader at the hotel, before settling into a delicious welcome meal at a local restaurant. Salute! Accommodation: Ca' Gottardi (or similar)

#### **MEALS:**



### DAY 2 | VENICE - SIRMIONE

After breakfast, we'll acquaint ourselves with Venice's maze-like backstreets on an orientation tour with our Tour Leader, before meeting with a local artisan for a traditional mask-making demonstration. Enjoy some free time to indulge in la dolce vita (the sweet life) along the canallined streets and lavish piazzas before we continue onwards to the resort town of Sirmione. Located on the southern bank of Lake Garda, we'll have the evening to explore at our leisure. Accommodation: Hotel Ideal (or similar)

#### **MEALS:**

Breakfast

## DAY 3 | SIRMIONE - BORGHETTO - SIRMIONE

This morning we'll make our way to a local farmhouse – where we'll be treated to a light lunch filled with fresh regional produce. Then: we'll learn a fact or two on a walking tour of the quaint village of Borghetto. Running through the heart of this picturesque destination is the mighty Mincio River – along which you'll find many ancient watermills and riverside restaurants dishing up delicious tortellini. Upon returning to Sirmione, the evening is ours to spend relaxing at the hotel, enjoying the local hot springs or seeking out a waterfront restaurant for some fresh local cuisine. Accommodation: Hotel Ideal (or similar)

#### **MEALS:**

Breakfast

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### DAY 4 | SIRMIONE - MONTE ISOLA - LAKE ISEO

Today, our road will carry us to the Port of Sulzano where we'll embark on a boat tour across Lake Iseo – docking at picturesque Carzano on the mountain island of Monte Isola. Enjoy some free time to explore this charming village and its lakeside cafes. Later, we'll round off the day with a relaxing evening at our hotel or seeking out some gastronomic delicacies in town.

Accommodation: Hotel Capovilla (or similar)

#### **MEALS:**

Breakfast

### DAY 5 | LAKE ISEO

Rolling hills, charming vineyards and authentic Italian cuisine are on the cards today. Our first stop will be a local farmhouse in the Franciacorta region, where a guided tour of a traditional wine cellar awaits. Continuing our gastronomic discovery, we'll roll up our sleeves and get stuck into a rustic cooking class – where we'll learn some regional culinary secrets. And then? It's time to savour our creations and enjoy a wine tasting over lunch – before returning to Iseo for an evening spent relaxing at the hotel or exploring the array of local eateries. Accommodation: Hotel Capovilla (or similar)

#### **MEALS:**

Breakfast

C Lunch

### DAY 6 | LAKE ISEO - TIRANO - ENGADIN VALLEY (SWITZERLAND)

Today our path will lead us to Tirano, one of the prettiest towns along the Switzerland-Italy boundary. We'll enjoy some free time to explore before embarking on a spectacular tour highlight: the Bernina Express. One of the world's most iconic railway journeys, our train will climb steadily into the Swiss Alps, with spectacular views of soaring mountain peaks and aweinspiring glaciers in every direction. Our final stop of the day will be the Engadin Valley, where we'll be welcomed into Switzerland with an outlook of pristine scenery and warming local cuisine. Accommodation: Hotel Reine Victoria (or similar)

#### **MEALS:**

Breakfast

### DAY 7 | ENGADIN VALLEY - ANDERMATT - INTERLAKEN

After feasting on a hearty breakfast, we'll board the famous Glacier Express train to Andermatt. Prepare for an experience unlike any other! Sit back and relax as we leisurely make our way through spiral tunnels, alpine villages and the Rhine Gorge – soaking up breathtaking panoramic views as we go. Upon arriving in Andermatt, we'll board the mini-coach once again for the short journey to Interlaken. For dinner tonight, we'll have an abundance of sumptuous local menus to choose from. Accommodation: Hotel Krebs (or similar)

#### **MEALS:**



### DAY 8 | INTERLAKEN - BRIENZ - INTERLAKEN

This morning we'll continue to Brienz – where we'll take a memorable journey along one of the oldest railways in Switzerland. Step back in time as we ride the chugging steam train to the top of the Brienzer Rothorn. From the top of the mountain, we'll enjoy a light refreshment overlooking panoramic views over the Emmental Alps. Following that, we'll travel back to Interlaken on a scenic paddle steamer cruise – before clinking glasses over one final dinner together. What a trip it's been! Please note: During the summer season (June-October), we will visit the Brienzer Rothorn and enjoy a paddle steamer cruise as listed in the itinerary. In spring (March-May), we will take a cable car from Mürren to Schilthorn instead – with some free time to explore Mürren before we return to Interlaken. Accommodation: Hotel Krebs (or similar)

#### **MEALS:**

Breakfast

O Dinner

### DAY 9 | INTERLAKEN - LUCERNE - ZURICH

For our last day together, we'll continue to Lucerne – where an indulgent chocolate tasting awaits. We'll have some free time to explore this lakeside city and enjoy lunch at our leisure – before moving on to our final destination of the tour: Zurich. We'll go our separate ways upon arriving later this afternoon.

#### **MEALS:**

Breakfast



## Tour information

## Meals

### **INCLUDED MEALS**

Breakfast (B) is included daily.

Some of your lunches and dinners are also included, either in hotels or local restaurants. These are indicated by (L) and (D) in the itinerary.

Please note that drinks will not always be included.

We will do our best to accommodate any specific dietary requirements you may have. Please ensure to make these clear to us before your tour begins so we can communicate them to our hotels, restaurants and suppliers.

## Other information

## Finances

#### **CHANGING MONEY**

CASH: Foreign money can be changed at banks, airports, some railway and tube stations, and at major hotels (though at a less favourable rate).

CREDIT CARDS: Visa and MasterCard are widely accepted. American Express is only accepted in some larger establishments.

CASH MACHINES: ATMS are widely available.

#### **TIPPING**

Tipping is entirely at your discretion. If you feel you have received exceptional service, it is recommended that you tip £1-2/€ per day for Drivers and £4- 5/€ per day for Tour Leaders.

## Insurance

Before travelling with Back-Roads Touring, it is compulsory for all guests to take out comprehensive travel insurance. Please ensure your insurance covers medical expenses (including repatriation), cancellation cover, loss or damage to baggage and personal effects, money and personal liability.

We recommend you carry your insurance details with you at all times. You may be asked to provide details of your medical insurance or a payment guarantee in some countries before medical assistance can be provided.

For more information, please see our FAQ page: www.backroadstouring.com/faqs

If you have any further questions, please don't hesitate to contact our friendly Customer Service team:

www.backroadstouring.com/contact-us

## Passports and visas

Please ensure your passport is valid for at least six months after the last day of your tour. Some countries will refuse entry if you do not have at least six months validity remaining on your passport after your departure date. Depending on your nationality, you may require a visa to enter certain countries.

It is your responsibility to obtain visas prior to your tour's departure. To determine which visas you'll need, you can consult either your own government's website or the government websites of the countries in which you will be travelling.

PLEASE NOTE: Some visas can take up to six weeks to acquire, so don't leave it until the last minute. Also, bear in mind that the validity of a visa often runs from its date of issue rather than the date of entry into the country. Please check with the appropriate embassy/embassies prior to departure as requirements do change periodically.

We advise you to either carry a photocopy of your passport (and visa, if applicable) with you while abroad, or to ensure that you leave a copy with relatives back at home. This will enable the local embassy or high commission

to arrange a replacement if the original should be lost or stolen. If you do take copies with you on your tour, please ensure that you keep these separate from your original documents.

## Medication and mobility

Whilst on your tour, we want you to have the smoothest journey possible which requires some mobility conditions:

- You must be fit enough to get on and off the vehicle on a regular basis, and to walk around towns and villages or to attractions.
- You must be able to walk up and down stairs and use a shower over the bath.

Please note that, unfortunately, we are unable to accommodate mobility scooter or wheelchair users as we frequently stay in traditional-style hotels and the majority do not have lifts or ground-floor rooms.

If you take medicine for certain conditions, such as diabetes or heart problems, please carry it with you at all times.

Please declare any medical conditions you may have in advance of your tour. If you are in any doubt as to whether our tours are suitable for you, please contact our friendly Customer Service team:

www.backroadstouring.com/contact-us

## Mental health and wellbeing

Culture shock, homesickness and periods of feeling down happen regardless of age. Be rest assured that if you're feeling low, your Tour Leader and Driver will do their utmost to make you smile.

Measures you can take to look after your mental health and wellbeing while on the road with us are:

- Call loved ones. Hearing a familiar voice whilst in an unfamiliar destination can help ground you and remind you you're not alone.
- Eat well. Nobody feels their best when they're hungry. There are plenty of nutritious culinary delights to be savoured along the road!
- Integrate with your fellow guests. The more you socialise with the group, the less likely you'll feel homesick.

## Transport

We travel in premium mini-coaches equipped with comfortable seats, air conditioning and large windows for enjoying the view.

With far more flexibility than a standard-size coach, we're able to take the scenic route – winding through beautiful countryside to the heart of tiny villages and coastal towns.

# What to **bring**

Based on our experience, the following items are essential.

Please note, this is a general packing list for Back-Roads tours. What you pack will depend on the countries you're visiting as well as the time of year you plan to travel.

#### **CLOTHING:**

- Sun hat
- Sunglasses
- Sleepwear
- Warm jacket
- Underwear

- ✓ Long-sleeved tops
- Short-sleeved tops
- Shorts/skirts
- Socks
- Smart casual evening wear
- ☑ Light jacket
- Trousers
- Swimwear
- Walking shoes/comfortable shoes

#### **OTHER THINGS TO PACK:**

- Multi-use adapter plug
- Batteries
- Umbrella
- Toiletries
- Sunscreen
- Basic medical kit

   (including paracetamol, aspirin, plasters etc)
- Camera

## That's it!

We look forward to seeing you on tour.